



Southside Specialty Surgical Center

"Making Lives Better"

Corpus Christi Pain Medicine

Gabriel Lopez, M.D.

(361)225-0089

PRE-OP INSTRUCTIONS

Please confirm your appointment with us the day before your procedure is scheduled

- 1. Do not eat or drink anything for (8) hours before your scheduled appointment time.**
- 2. DIABETICS: Eat (6) hours before your scheduled appointment time and take half of your diabetic medication.**
- 3. If you take medication for Acid Reflux please remember to take it in order to prevent any acid production during your procedure.**
- 4. IF YOU TAKE A BLOOD THINNER (aspirin, Coumadin, Plavix or other) STOP this medication as directed by your physician. _____ days before procedure.**
- 5. All other medications you are taking will be discussed with you by the surgery center nurse.**
- 6. Please arrange for someone to drive you home.**

Name: _____

Date: _____

Time: _____

Procedure: _____